

# Conference Program

## Thursday, 26 September 2019

4:00 p.m. – 7:00 p.m.

Welcome by the Chair  
Commemoration to Albert Pesso and Diane Boyden-Pesso  
Welcome drink and banquet

7:00 p.m. – 9:00 p.m.

Prague sightseeing

## Friday, 27 September 2019

9:00 a.m. – 10:00 a.m.

Keynote speech – plenary lecture  
**Jiří Horáček** (CZ): Structure of the brain and architecture of the mind

10:00 a.m. – 11:00 a.m.

Plenary lecture  
**Jan Siřínek** (CZ): The effectiveness of scenic-symbolic interventions used in PBSP for inducing a corrective emotional experience

11:00 a.m. – 11:30 a.m.

Coffee break

11:30 a.m. – 12:30 p.m.

Plenary lecture  
**Sandy Cotter** (UK): Parallels of PBSP with key concepts in developmental psychology

12:30 p.m. – 2:00 p.m.

Lunch

2:00 p.m. – 3:00 p.m.

Plenary lecture  
**James Amundsen** (USA): Holes in roles from the perspective of affect regulation theory

3:00 p.m. – 4:30 p.m.

Parallel workshops

- **Arnoud van Buuren** (NL): The use of safe sounds in PBSP, coregulation according to the polyvagal theory by Stephen Porges
- **Sally Potter** (UK): Reconciling protocol with possibility: Using fundamentals of supervision to promote PBSP capacity
- **Michael Vančura** (CZ): PBSP vs assisted psychedelic psychotherapy. Similarities / differences. How to use PBSP as a tool of harm reduction.
- **Liesbeth de Boer** (NL): Mental dynamics: How to employ PBSP techniques for the treatment of the burn-out syndrome

4:30 p.m. – 5:00 p.m.

Coffee break

5:00 p.m. – 6:00 p.m.

Presentation of posters

- **Jan Benda** and **Antonín Vyhnánek** (CZ): Childhood, toxic shame, toxic guilt and self-compassion
- **Bärbel Smikalla-Weier** and **Günter Weier** (DE): The hidden experiences of our birth

6:00 p.m. – 6:30 p.m.

Presentation of PBSP trainings in all participating countries

## Saturday, 28 September 2019

9:00 a.m. – 10:00 a.m.

Keynote speech – plenary lecture

**Nim Tottenham** (USA): Emotions, brain development, and the role of early experiences

10:00 a.m. – 11:00 a.m.

Plenary lecture

**Petra Winnette** (CZ): Using PBSP to work with adults with unresolved childhood trauma: What we can learn from the neuroscience of memory and attachment theory

11:00 a.m. – 11:30 a.m.

Coffee break

11:30 a.m. – 12:30 p.m.

Plenary lecture

**Barbara Fischer-Bartelmann** (DE): From Psychomotor to PBSP®. The development of the method: change, continuity and core identity

12:30 p.m. – 2:00 p.m.

Lunch

2:00 p.m. – 3:30 p.m.

Parallel workshops

- **Juliet Grayson** (UK): Working with survivors and perpetrators of sexual abuse: The common thread
- **Mona Pillmann** (DE): Treatment of Complex PTSD within an integrative approach – PBSP as a starting point of treatment decisions
- **Curtis Levang** (USA): Development and use of the Levang Inventory of Family Experiences (LIFE) an empirically tested instrument for building PBSP efficacy
- **Erika Hubbuch** (DE): Touched by "ideal parents" hands – creating the experience of good physical countershape in a 1:1 setting

3:30 p.m. – 4:00 p.m.

Coffee break

4:00 p.m. – 5:30 p.m.

Parallel workshops

- **Uwe Minde** (DE): DeShaming – Is there an antidote to toxic shame?
- **Gus Kaufman** (USA): A role for PBSP in healing the wounds of compulsory heterosexuality and policed gender roles
- **Jon Chapman** (UK): The therapist as artist – an exploration of aesthetic form in PBSP
- **Sabine Löffler** (DE): How to create the possibility sphere

7:30 p.m. – 9:30 p.m.

Concert in the Martinů Hall

At break: Banquet

## **Sunday, 29 September 2019**

9:00 a.m. – 10:00 a.m.

Plenary

**Yvonna Lucká** (CZ): Speech of the Chair of Honor

10:00 a.m. – 10:15 a.m.

Break

10:15 a.m. – 11:45 a.m.

Panel discussion

11:45 a.m. – 12:00 noon

Farewell address

12:00 noon – 2:00 p.m.

Lunch

All lectures and workshops are in English with simultaneous translation into Czech.

At the beginning of the conference you will have the opportunity to **register for the workshops of your choice**.